FAST FACTS ABOUT GR² CONTROL[®] APPETITE REDUCER

Receptors in the digestive tract "learn" to feel full. For many people, these receptors have learned to feel full on too many calories, and the desire to overeat overrides all other neural signals. These receptors can be "re-programmed" to feel full on smaller portions of food. GNLD's GR² Control Appetite Reducer uses glucomannan to help create the feeling of fullness, without the calories. GR² Control Appetite Reducer is a safe, natural alternative to chemical appetite suppressants.

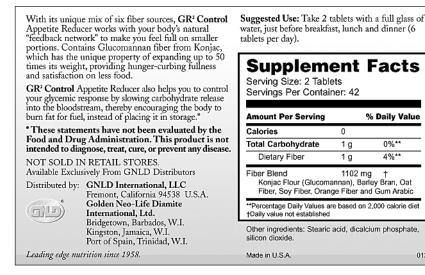
WHY FIBER TO CURB APPETITE?

- Fiber adds "bulk" without adding calories. Natural fiber absorbs water in the stomach and increases in volume, helping you to feel full faster, naturally.
- Fiber plays an important role in carbohydrate metabolism by delaying gastric emptying and slowing the release of carbohydrates into the bloodstream, thus helping to minimize insulin response.
- **Non-habit-forming.** Fiber provides a safe, natural alternative to potentially harmful "diet pills."



WHY GNLD GR² CONTROL APPETITE REDUCER?

- Contains glucomannan (Konjac flour) which expands up to 50 times its weight in water, along with five other sources of fiber.
- Exclusive formula works with your body to create the feeling of fullness on fewer calories.
- Helps control glycemic response by slowing carbohydrate release into the bloodstream, thereby encouraging the body to burn fat for fuel, instead of placing it in storage.
- **Convenient.** Taken 20-30 minutes before mealtime, two tablets provide hunger-curbing fullness and satisfaction on less food.
- No added sodium, sugar, or other sweeteners. Zero calories per serving.
- No artificial colors, flavors, or preservatives.



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% Daily Value

0%*

4%**